

THE WESTIN

RESORT & SPA

WHISTLER

SUMMER 2011 ACTIVITIES

ATV TOURS

Have fun and enjoy Whistler's backcountry on these fun, easy to ride and fully automatic vehicles. Have the chance to explore hidden lakes, waterfalls, high mountain vistas and deep mountain trails.

Tours can be customized for groups of any size and with BBQ lunches in remote alpine cabins or dinners on Whistler Mountain. Choose to ride by yourself or with a passenger on the wide variety of mountain trails that Whistler has to explore. Tours are available for beginners, intermediate and advanced riders and are fully guided by friendly, experienced and knowledgeable guides.

Season: June -October

Price Range: from \$99 - \$169 per person (6 years old minimum)

BEAR VIEWING

Accompany black bear researcher Michael Allen as he guides you through some of the most pristine black bear habitat in North America. Ride in a comfortable 4 x 4 as we navigate the mountain access roads and rolling green ski trails.

Experience the pristine views of wildlife, glacial peaks and memorable sunsets as you travel through deep, old growth, and coastal hemlock-cedar forests; visit active bear dens, daybeds, and feeding sites, or witness evening play between a mother and her cubs. Guide, Michael Allen, has been studying black bears for 15 years and has been internationally recognized for his work.

Groups are limited to 7 – to avoid disturbance to the bears, and view safety.

Season: May-October

Price Range: from \$180 - \$190 per person.

WHITEWATER RAFTING

Full or half day trips of adrenaline filled white water action. Whether you choose to shoot the grade 4-5 rapids of the Elaho Squamish River or prefer the gentler grade 3 of the Green or Cheakamus rivers there is something for everyone.

The scenery will astound and the rapids will enthrall you. White water rafting is a must for those wanting the full adventure experience.

Season: May -September

Price Range: from \$54 - \$159 per person

ZIPPING

Starting from.....\$89.99per person/\$39

Experience the exhilaration of zipping on cables, one over 2,000ft in length with a 20 story drop!! Or try a journey on a series of suspension bridges in the treetops of Whistler's ancient forests. 2.5 to 3 hours.

MONKIDO

The Monkido tree course lets you travel from tree to tree whilst navigating a variety of elements including suspended bridges, swinging logs, Tarzan swings, zip-lines and tightropes.

This is a don't miss for kids and adults age 7 and up.

Season: May - October

Price Range- from \$49.99 per person

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FISHING

Take time away from it all and have a go at catching some of the many species of fresh water fish that are abundant in the lakes and rivers around Whistler. Choose between fly or spin rod fishing and enjoy a favorite summer pass time. Experienced professional guides are dedicated to making your trip a success as well as providing a chance to learn new skills. Enjoy spectacular settings, the seclusion of lakes and rivers that will give you the opportunity to view wildlife in their natural environment. All equipment and snack/lunch are provided. Lake fishing involves using the float tubes only and all fishing is 'catch and release'.

Season: Year-round Price Range: from \$90 - \$349 per person

FLIGHTSEEING

Discover the magic of the Sea-to-Sky corridor with a bird's eye view. Daily sightseeing trips are available from the air either by floatplane, glider, helicopter or aeroplane. Soar over immense glaciers, majestic rivers and lakes and towering mountain ranges.

Tours can be arranged to take you whale watching, bungee jumping and on day trips to Victoria or Tofino. Why not customize your trip to include a picnic lunch in a remote high alpine meadow. Glacier landings are also optional.

Season: Most of the Year, weather permitting Price Range: from \$94 - \$399 per person

GOLF

Whistler Resort is home to four award-winning designer golf courses. Three world-class courses are just minutes apart and set amongst some of the most spectacular scenery imaginable.

Tee times and rentals are easily arranged and all golf courses feature clubhouses and pro shop facilities.

Season: May-October Price Range: from \$49 - \$195 per person

BUNGEE JUMPING

Whistler's adrenaline adventure tour and make a 160ft bungee jump over the glacial fed Cheakamus River.

Season: Year-round Price Range: from 109 per person

CANOE/KAYAK TOURS

Explore the local lakes and rivers on one of many scenic canoe or kayak excursions. Paddle down beautiful rivers with spectacular mountain views, float through wetlands abundant with bird life and waterfowl and experience Whistler's very own Ghost Town by watercraft. Choose to adventure off by yourself or have an experienced and knowledgeable guide show you the way.

Delicious picnic lunches can be arranged for trips to a variety of locations. Combo paddle, bike and hike tours are also available for those adventurous individuals wanting to see Whistler and a whole lot more.

Instruction is available and tours can be catered for almost any size group

Season: May-September Price Range: from \$49 - \$149 per person

STAND UP PADDLE BOARDING

Experience a trip paddling on Alta Lake on a stand up paddle board. Paddle boarding is one of the fastest growing water sports in the world and when you try it you'll see why. A great work out and fun way to get around the lake.

Season: June-September Price Range: from \$40 per person

OLYMPIC VENUE TOURS

Come see the Whistler Sliding Centre and Whistler Olympic Park. Take an interpretive tour of the Sliding Centre on Blackcomb Mountain and the Whistler Olympic Park nestled in the Callaghan Valley. View the Bobsleigh, Luge and Skeleton Event Site. Then check out the 70 and 90 meter Ski Jumps and learn about Biathlon, Nordic Combined Events and the Cross-Country Skiing.

Season: May-October Price Range: from \$119 per adult.

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HORSEBACK RIDING

Experience Whistler and other scenic areas of the Sea-to-Sky Corridor on horseback. Take a trip through ancient cedars, along waterways and through old growth forests. Breathtaking views will astound you as you ride through valleys and along high alpine trails.

Whether you ride for a full day or go for a few hours the adventure you have will be unforgettable. Tours can be arranged for groups of all sizes and for all levels of riding ability.

Season: May-November

Price Range: from \$79 - \$139 per person (230 lb. maximum)

HUMMER / 4X4 TOURS

Journey through the '4X4 areas' of Whistler in a vehicle that can go just about anywhere – whether it is driving over logs and through mud and rivers in a Hummer or driving on backcountry mountain trails in a 4X4 Van there are trips that can be enjoyed by people of all ages.

Fully interpreted by a professional guide these tours will show you a truly spectacular side of Whistler. Watch out for bears and other wildlife and enjoy incredible views and waterfalls.

Season: May -September

Price Range: from \$79 - \$129 per person (4 years old minimum)

JETBOATING

Let your experienced river guide and jet boat pilot take you on a thrilling river adventure through the pristine waterways of the coastal mountains. Navigating his custom white water jet boat through braided channels, tight canyons and exciting white water this adventure is not to be missed.

Season: May-August

Price range from \$99-\$109 per person

MOUNTAIN BIKING

Guided or unguided the mountain biking opportunities in Whistler are unparalleled. Whether it's a thrill seeking descent down one of Whistler Mountain's toughest trails or a relaxing spin on the beautiful Valley trail there is something for everyone's adrenaline level.

Combine your biking with a canoe trip to make for the ultimate Whistler adventure. Mountain biking is ideal for all levels of ability and can accommodate any group size.

Season: May-September

Price Range: from \$65 - \$519 per person

SIGHTSEEING

Ride up the Whistler gondola for views of the Whistler village and the wonderful alpine valley. Take the Peak to Peak Gondola over to Blackcomb Mountain a breathtaking, 4.4-kilometre journey. Stroll along one of the many mountain trails for a sightseeing experience that's full of nature's delights.

Season: May - October

Price Range: from \$39 per person

TREETREK

A spectacular network of suspension bridges, boardwalks and trails take you from the forest floor to the upper reaches of the forest canopy. TreeTrek provides a contemplative & in-depth opportunity to explore the forest while walking in the treetops.

Season: Year-round

Price: \$39 per person

CLIMBING/VIA FERRATA

Take a trip on the wild side and experience a rock climbing or mountaineering adventure that delivers great fun, challenge, breathtaking scenery and physical and mental stimulation.

Whether your experience is clipping into a rope on one of the many rock climbing areas or donning a pair of crampons on one of the spectacular glaciers or mountain ranges in the Sea-to-Sky corridor you will have an unforgettable adventure.

"Via Ferrata" is Italian for "Iron way" and is a climbing route with permanently fixed cables for protection and metal ladder rungs to ease your movement over rock. Enthusiastic, knowledgeable and fully certified instructors guide the trips and ensure that client safety is paramount. No previous experience is necessary

Season: June-October

Price Range: from \$95 - \$395 per person

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HIKING

Enjoy half, full or overnight interpretive nature hikes in some of Whistler's finest backcountry settings. Here you will experience Whistler's rivers, alpine meadows, glaciers, glacier lakes, wildlife and waterfalls.

Numerous hiking options are available for all levels of fitness and for all group sizes. From a guided walk around Whistler Village to a multi day hike into the deepest of Whistlers backcountry there is something new for everyone to see and experience.

Season: May-October

Price Range: from \$59 - \$170 per person

WALKING TOURS

Tour-goers will take a scenic stroll through the village while learning about the rich history of the area. From pioneer tales to the story of Whistler's Olympic dream, there is something here for everyone. These tours are daily at 1pm

Season: July and August

Price Range: from \$10 - \$89 per person

SKY DIVING

Don't miss the experience of a lift times, Tandem Skydiving in the beautiful Pemberton Valley.

Season: May-October

Price Range- from \$270 per person

WAKEBOARDING

Check out the great views on Green Lake by boat and experience a thrilling day of Wakeboarding.! Tours available daily .

Season: July and August

Price Range: from \$100

MOUNTAINTOP BBQ SERIES

Enjoy authentic mountain-top BBQ at the Roundhouse Lodge on Whistler Mountain - a stunning mountain lodge conveniently located atop the Whistler Village Gondola at 6,000ft. Lift ticket included with dinner. Every Friday to Sunday from 5pm to 8pm

Season: June 25th to September 5th Price Range: from \$57.95 Adult (\$24.95 Children 7-12)

DAY AT THE BEACH

Beaches like those at Lost Lake and Rainbow Park offer plenty of opportunities for sun and fun. All you need is a blanket, some sun block and a good book.

Price Range: Free

PARAGLIDING

Soar high above the Mackenzie Basin whilst quietly taking in breathtaking views of the Pemberton Valley, all by way of a paraglider.

Season: May-October

Price Range: from \$160 per person

CANCELLATION POLICY

Cancellation within 48 hours is subject to a full charge of the tour. Cancellation outside of 48 hours maybe subject to a \$25 cancellation fee. Note: The cancellation policy may vary depending on the tour company.

Groups will be subject to a 2-week cancellation policy.